

Care Connections Network

AGING. BETTER.



(714) 962-9346

9812 Hamilton Avenue, Huntington Beach, CA 92646

www.CareConnectionsNetwork.org

March 2024



SATURDAY, MARCH 16
5:00 pm

SAINT PATRICK'S PARTY

WEAR YOUR GREEN AND JOIN CCN TO CELEBRATE!

BERCAW HALL, LUTHERAN CHURCH OF THE
RESURRECTION, 9812 HAMILTON AVE., HB

THIS EVENT IS FREE TO CCN MEMBERS
NON-MEMBERS ARE \$35
RSVP BY MARCH 10

714-962-9346
CCNAgingBetter@outlook.com



Thank you to those who completed the OC Aging Services Collaborative's survey! We collected over 50 surveys from our members - your voices will be heard. The information collected will help Orange County plan future services for older adults. The OCTA will also use this data to make transportation accommodations for the future needs of our growing older adult population.

Care Connections Network Educational Seminar

Don't Get Scammed!

Thursday, March 21, 2024 at 11:30 am
- Bercaw Hall, Lutheran Church of the
Resurrection, 9812 Hamilton Ave., HB

We welcome back Steve Levin, a volunteer with the HB Police Department. He will present on "Mail and Door-To-Door Scams Targeting Seniors". The simple act of opening your mail or answering a knock on your door can be the precursor to a number of scams intended to confuse, frighten, or trick you into surrendering your assets to criminals. As with other frauds, you may not even know you've been scammed until it is too late. This presentation will describe how these acts are initiated, the impact of their consequences, and actions you can take to eliminate or minimize your exposure.

Lunch will be served.

This is a free event and all are welcome.

Register by calling the office
714/962-9346 or email to

CCNAgingBetter@outlook.com

Register at our website [HERE](#)

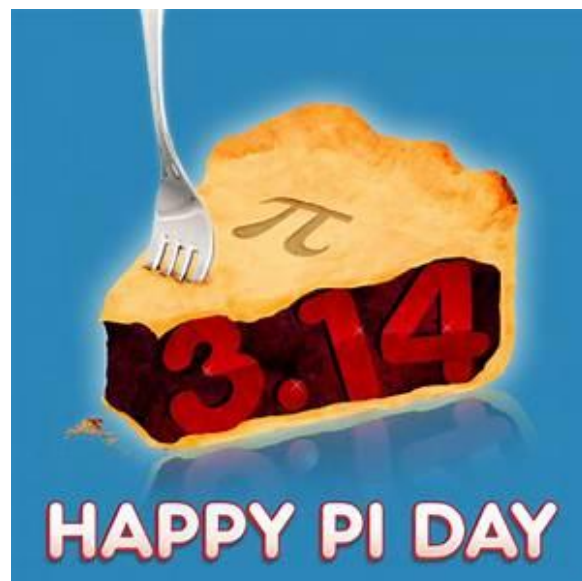


Sharp Homes by the Sea has generously subsidized a block of 25 tickets to see this wonderful musical. Tickets have sold out, so please contact the office ASAP if you would like us to find more tickets!

When: March 24, 2:00 pm
Where: HBHS Auditorium, 1905 Main Street
Cost: \$10 per ticket

Optional dinner to follow at your own expense.

Call us at 714-962-9346

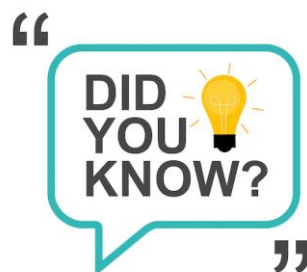


Join CCN in celebrating Pi Day. On March 14 (3.14) we'll gather at Resurrection Lutheran Church in Bercaw Hall and savor the wonderful flavors of pies! Bring your favorite pie to share and try other flavors! We'll provide the decaf coffee and tea for this "Pi-Luck".

Make sure you have an appetite to try 3.14 slices of Pi!

We'll start at 7:00 PM! See you then!

9812 Hamilton Ave., HB



CCN has a current membership of 89 people? Say hello to a new face at the next event!

IYASHI 癒 CARE®

Keiroとプロビデンスのパートナーシップにより、ロサンゼルス郡とオレンジ郡の日系コミュニティに緩和ケアを提供する革新的なプログラム「癒しケア」が実現しました。日英バイリンガルの癒しケア・チームは、全人的ケア・アプローチを用いて、重篤な病や慢性疾患を持つ高齢者や家族の生活の質向上のための指導とサポートを無料で提供しています。全米でも稀に見ない日系コミュニティに特化した緩和ケアについてお話します。

こんな不安はありませんか？

- 担当医の説明が理解できているか不安
- 治療の選択肢に関する疑問や自身の健康上の懸念
- アメリカの複雑な医療制度に困惑

セミナーではこんな疑問にお答えします：

- 緩和ケアとは？ホスピスとの違いは？
- 緩和ケアを活用するタイミングとは？
- 日本とアメリカの緩和ケアの違いは？
- 癒しケアは誰の為？どう役立つの？

共催：



プレゼンター： 福山可奈子 LCSW, Iyashi Care 臨床ソーシャルワーカー
石井けいこ Program Associate, Keiro

日時： 2024年3月12日（火曜日）午前11時半：ランチ 正午～午後1時：セミナー

会場： Lutheran Church of the Resurrection
9812 Hamilton Ave, Huntington Beach, CA 92646

お申込み： CCN Office (714) 962-9346 またはメール fumiliang@gmail.com まで
締め切り：3月8日



Keiroは1961年に創設され、ロサンゼルス、オレンジ、ベンチュラカウンティにおける日系コミュニティの高齢者とその介護者の生活の質の向上に専心しています。このイベントは、コミュニティパートナーの皆様、ご寄付をいただいた方々、ボランティアの皆様のご協力のもと、無料でコミュニティに提供されます。

Keiro. 

keiro.org |  



Technology Tutoring and Website Training

Tech help sessions in March are being scheduled. Come learn how to navigate our website CareConnectionsNetwork.com, or bring any tech that you would like to learn more about (laptop, tablet, smartphone, smartwatch). Watch your email for dates!

Dates: TBA

Time: 3:00-4:00 pm

Where: T-Hall, Lutheran Church of the Resurrection,
9812 Hamilton Ave,
Huntington Beach



The Hoag Spirituality Conference is happening Wed., March 20 from 8:00 am to 3:15 pm. Healthcare providers, spiritual leaders, caregivers and others interested in how we can serve with Compassion are encouraged to attend.

Fullerton Free Church
2801 Brea Blvd.
Fullerton, CA 92835

Register for \$75 [HERE](#)

March Events

3/12 – Iyashi Care Japanese Seminar

3/14 – Pi Day Pi-Luck

3/16 – St. Patrick's Day Party

3/21 – Scam Seminar

3/24 – Singin' in the Rain at APA

Weekly Events:

Chair Yoga – Mondays 8:45

Mahjong – Wednesdays 1:00

Paper Rollers – Thursdays 9:00

Save the Date!

4/18 – Council on Aging Services seminar

4/27 – Bus trip to Manzanar (details coming!)

4/30 – Japanese Seminar "Workshop for 5 Wishes"

March Funnies



Why did the scarecrow win an award?

Answer will appear in the April newsletter.

Answer to the February Brain Teaser...

What do a tick and the Eiffel Tower have in common?

Answer:

They're both Paris sites (parasites).