

# Care Connections Network

AGING. BETTER.



(714) 962-9346

9812 Hamilton Avenue, Huntington Beach, CA 92646

[www.CareConnectionsNetwork.org](http://www.CareConnectionsNetwork.org)

November 2023

## Annual CCN Member Survey

Thank you to those who attended the October 19 survey luncheon – your feedback was encouraging! Since we are interested in hearing from ALL our members, we are mailing or emailing the annual survey form to those who couldn't attend. When you receive it, please fill out the two pages, both sides, and return them to the CCN office. If you have any questions, feel free to call 714-962-9346 or email us at [CCNAgingBetter@outlook.com](mailto:CCNAgingBetter@outlook.com).

Your answers will help us to provide programming in 2024 that suits our members' interests. AGING. BETTER!

## Care Connections Network Educational Seminar

Due to the holiday season, there will be no seminar in November or December. We will resume our regular Educational Seminar schedule in January 2024.



## Bowers Museum Tour + Lunch at Tangata *Beyond the Great Wave: Works by Hokusai from the British Museum*

**WHEN:** Tuesday November 14

**TIME:** Lunch at 12:00 pm, Tour at 1:00 pm

**COST:** \$20 for tour, lunch at your own cost

**CARPOOL:** Meet at 11:30 am for carpool at LCR, 9812 Hamilton Ave., HB, CA 92646

**RSVP:** 714-962-9346 / [CCNAgingBetter@outlook.com](mailto:CCNAgingBetter@outlook.com)  
(Let us know if you are a Bowers Museum member)

Join us for an afternoon of culture at the Bowers Museum in Santa Ana (2002 N. Main Street). Katsushika Hokusai (Japanese, 1760-1849) is the renowned artist behind *The Great Wave*, one of the most iconic prints ever made. Visitors will be able to examine Hokusai's personal beliefs through more than 100 paintings, drawings, woodblock prints, and illustrated books that speak to his early career, rise to fame, interest in the natural and supernatural worlds, personal life, and search for immortality. Hokusai's work is intensely individual, subjective, energized and sublime, and the exhibition will provide a powerfully emotional and spiritual experience.



## Free Lifelong Learning Presentation



### Ageism for Everyone

**Saturday, November 4 at 4:00**

USC Professor of Gerontology Paul Nash will speak to us on the last socially accepted form of prejudice: AGEISM. You will learn what ageism really means and what we can do to challenge it.

Lutheran Church of the Resurrection  
9812 Hamilton Ave., HB

Presentation at 4:00 pm  
Dinner following at 5:00 pm

**\*\*RSVP to 714/962-9346\*\***



### Christmas Wreath Making at the Dragon Fly Shops & Garden 260 N Glassell Street, Orange, CA 92866

- ◆ Wednesday, Nov. 29 at 11:00 am
- ◆ Lunch following at Rutabegorz at your own expense.
- ◆ Carpool from LCR at 10:15 am

\$30 cost for wreath – sign up at 714/962-9346



**Men's Circle Group:  
Tour of Long Beach Airport + Lunch at Proud Bird Restaurant at LAX**

**Tuesday, November 7  
Tour begins at 9:00 am  
Carpool from LCR at 8:00 am**

The airport tour is about 1 1/2 - 2 hours, after which we will head to the Proud Bird restaurant adjacent to LAX for lunch and to view their open air aviation museum.

Plan to return to HB around 3 - 4 pm.

Sign-ups begin this Sunday between services, or you can RSVP with CCN at 714-962-9346.

This event is fast approaching and we're looking forward to a fun day.

**Please RSVP by Sunday, Nov. 5** so we can confirm our number for the airport tour.

Contact Paul Coulter with questions at 714.469.1262

**From the HB Police Department:**

Beware of scammers trying to steal your jewelry! This commonly works when scammers approach a victim on a walk. They ask for directions, offer prayers, and try to sell jewelry. They may try to get close by asking for a hug and swap the victim's real jewelry with fake pieces. Additionally, these scammers often claim they need cash, offering to give fake jewelry in exchange.

To prevent being a victim:

1. Conceal any jewelry if out for a walk
2. Walk with a friend or a group
3. Be careful when approached by strangers
4. Avoid hugging strangers

Stay vigilant and report suspicious activity!



**Save the Date!  
Thursday, December 7  
Parade of Lights with  
Resurrection Preschool**

The preschool children will parade their decorated bikes, trikes and wagons in festive fashion! Vote for your favorite, and the winning family earns tickets to the Aquarium of the Pacific. Stay for hot cocoa, hot pizza and good fellowship.

Where: LCR, 9812 Hamilton Ave., HB

When: 6:00 pm

Sign up at [CCNAgingBetter@outlook.com](mailto:CCNAgingBetter@outlook.com) or  
714/962-9346





**Need help with  
your tech?**

**Laptops, cell  
phones, tablets....**

Edison High School National Honor Society students are ready to work with you! Please call the CCN office or email us to sign up for a session. We are currently planning for Monday afternoons for one-hour help sessions. Time will be confirmed with participants at signup, depending on students' schedules.

**Call: 714/962-9346  
or email:  
CCNAgingBetter@outlook.com**



Have you heard? The County of Orange is conducting the first-ever Older Adults Needs Assessment, and they want to hear from you! Tell them what's working and what's not. Caring for an older adult? They want to hear from you too.

If you are 55 years and older, or caring for someone 55 years and older, please participate in the Older Adults Survey. Results from this survey will guide the development of Orange County's Master Plan for Aging. This is why it is VERY important to make your voice heard. **It takes less than 10 minutes to complete the survey and your response will have a huge impact in our community.**

**The CCN office still has paper copies available.**  
To do the survey online, click this link: [Older Adults Needs Assessment](#)

The survey is open until December 30<sup>th</sup>.

## November Brain Teaser



What do Alexander the Great and Winnie the Pooh have in common?

*Answer will appear in the December newsletter.*

## Answer to the October Brain Teaser...

What do you find in the middle of Toronto?

*Answer:*

The letter "O"!

## November Events

- 11/4 – Ageism Lifelong Learning Presentation
- 11/7 – Mens Group/ Long Beach Airport tour
- 11/14 – Bowers Museum
- 11/29 – Wreath Craft

### Weekly Events:

- Chair Yoga – Mondays 8:45
- Mahjong – Wednesdays 1:00

### Upcoming Events - Mark Your Calendars!

- 12/7 – Parade of Lights with Preschool
- 12/9 – CCN Christmas Party